



MATPRA

MID-ATLANTIC TOURISM PUBLIC RELATIONS ALLIANCE

Rivers, Springs, and Bays: Historical Waterways of the Mid-Atlantic

Take a four state tour following the important waterways of the Mid-Atlantic.



Day One: Arrive in Newport News, Virginia

Come to Newport News Virginia named for the mariner, Christopher Newport. First stop is a visit to the [Mariners' Museum & USS Monitor Center](#). Besides the museum's engaging exhibits, the property boasts trails along their small lake which is home to turtles, herons and egrets. The trail leads to the [Monitor-Merrimac overlook](#) which offers great picnicking and views of the James River. A few minutes up the road is the Battle of [Dam #1 in Newport News Park](#) offering one of the largest municipal parks east of the Mississippi River. Into historic homes, don't leave without visiting [Lee Hall Mansion](#) and [Endview Plantation](#).



4 Hours and 30 minutes to Hampshire County, West Virginia



Day Two: Arrive at Capon Springs Resort, West Virginia



Your adventure continues with a visit to the historic [Capon Springs Resort](#) with a healing spa soak, guided Kayak or canoe trip on the Capon River, and a train ride following Potomac River to see Eagles Nesting.

3 Hours to Lancaster, Pennsylvania



Day Three: Arrive in Lancaster, Pennsylvania

Adventure awaits with a kayak ride along the Susquehanna River, then rock climb [Chiques Rock](#) for a spectacular view. Lancaster is full of interesting history, take a guided tour on Columbia's Civil War and hear the interesting stories of the history of [Cigars](#). Then enjoy the delicious heritage at the [Turkey Hill](#) experience-interactive exhibits and make your own individualized ice cream flavor!

2 Hours to Annapolis, Maryland

Day Four: Arrive in Annapolis, Maryland

Explore the [U.S. Naval Academy](#), right along the beautiful Severn River. Then hop the [trolley tour](#) to see Maryland's capital town. And for fans of "Wedding Crashers", take a ride on the [Chesapeake Bay schooner](#) used in the film. It's a bucket list check mark.

Contacts:



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QUIET, NATURAL, TWO LANE PARADISE

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